

1 April 2017

To Secretary Listing Department BSE Limited Department of Corporate Services Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400 001 Scrip Code - 539551	To Secretary Listing Department National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex Mumbai – 400 050 Scrip Code- NH
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Dear Sir/Madam,

**Sub:** Disclosure under Regulation 7(2) of SEBI (Prohibition of Insider Trading) Regulations, 2015.

We refer to the provisions of Regulation 7(2) of Securities Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 regarding disclosure relating to change in the shareholding.

In this regard, we wish to inform that the ESOP Trust has transferred 3294 equity shares to the below named designated employee of the Company on her exercise of ESOP vested in her under the ESOP, 2015. The value of the shares transferred exceeds Rs. 10,00,000/- (Rupees Ten lakhs only) in value and hence below is the disclosure of the same.

Name of the Designated Employee	Date of Acquisition of Shares	Date of Intimation to the Company
Ms. Rohini Paul	31.3.2017	31.3.2017

We enclose Form C in the prescribed format as required under Regulation 7(2) (b) of Securities Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 towards the above transaction.

We request you to kindly take the above on record.

Thanking You,

Yours faithfully,  
For Narayana Hrudayalaya Limited



Sridhar S  
Group Company Secretary, Legal and Compliance Officer



**Narayana Hrudayalaya Limited**

(Previously Narayana Hrudayalaya Pvt. Ltd.) CIN: U85110KA2000PLC027497  
Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099  
Corporate Office: 261/A, 2nd Floor, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099  
Tel: +91 80 7122 2222 Fax: +91 80 2783 2648. www.narayanahealth.org

FORM C

SECURITIES AND EXCHANGE BOARD OF INDIA (Prohibition of Insider Trading) REGULATIONS, 2015  
{Regulation 7(2) read with Regulations 6(2)}

Name of the Company: Narayana Hrudayalaya Limited  
ISIN of the Company: INE410P01011

Details of change in holding of Securities of Promoter, Employee or Director of a listed company and other such persons as mentioned in Regulation 6(2) of the SEBI Regulations.

Name, PAN No., CIN/DIN & Address of promoter/employee/Director with contact nos.	Category of Person (Promoters, Key Managerial Personnel (KMP)/ Director /Immediate Relative/Others etc.)	Securities held prior to acquisition/disposal		Securities acquired/disposed	% of shareholding		Date of allotment/advice/acquisition of shares/sale of shares specify from to	Date of intimation to company	Mode of acquisition (market purchase/public rights/preferential offer/off market)	Trading in derivatives (specify type of contract, futures or options etc)		Exchange on which the trade was executed				
		Type of security (for eg- Shares, Warrants, Convertible Debentures etc)	No		Pre transaction	Post transaction				Value	No of Units (contracts * lot size)		Value	No of Units (contracts * lot size)		
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Name: Rohini Paul PAN: AHFPP0831N Address: W/o Paul Jayasegaran No. 10, Doctor Colony, Desales Accadamy Bommasandra Chandapura Bangalore - 560099	Employee	Equity Shares	366	Equity Shares	3294	0.00018	0.00179	Date of transfer: 31.03.2017	31.03.2017	Off Market (ESOP Scheme)	-	-	-	-	-	Not Applicable

*Sudhar*

Signature:

Group Company Secretary, Legal and Compliance Officer

Date: 31.03.2017

Place: Bangalore